



## Pec Fly

SA-1-PRD

- Unilateral operation for balanced strength development
- Dynamic variable resistance
- Weight stack easily accessible from seated position

**Muscles:**  
- Pectorals  
- Ant. Deltoid

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Length(mm):	1451
Width(mm):	1999
Height (mm):	1389
Machine Weight (kg):	260

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<b>Weight Stack</b>	
Standard (kg):	75

