

550ETi Elliptical Specifications

Interactive Series

Elliptical Features

Power Saving System	Meets European Directive 2013 ErP standards
Smart Energy System™	Cordless. Activate and operate console without pedaling
InCare™	Smart machine automatically alerts when service needed. Service diagnostic information downloadable to USB
USB Connectivity	For customised workout, workout results, personal settings, InCare™, manual software upgrade
Uni-Dial™ Navigation Control	Complete access and control of user interface features and settings with the convenience of a Uni-Dial.
InZone™	InZone™ heart rate training provides visual colour feedback to help users to optimise their workout efforts for maximum result based on heart rate level so users can workout effectively at their target heart rate zones
Heart Rate Monitoring	Polar coded wireless telemetry technology - heart rate receiver built in (Heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability
On-The-Fly	Allow switching to other workout programs during exercise
Custom Settings	(1) display unit: Km or Mile (2) buzzer sound: on or off When USB is detected, users may customise (1) name (2) display unit (3) age (4) gender (5) weight (6) buzzer Smart machine will automatically prioritise personalised settings and workout routine when USB is detected
Display Type	Large LED dot matrix and 18 characters LED message centre easily provides all information needed
Display Readouts	HR, Resistance Level, Incline, Time, Calories, Watts, Distance, SPM, Workout summary, Workout profile
C-SAFE Connectivity	Standard C-SAFE connectivity facilitates data transfer
MYE Audio Kit Options	Optional accessories support MYE audio receiver

Performance Features

3-Phase Generator	Self-powered hybrid generator delivers consistent performance for a smooth and quiet workout
Belt Drive	Belt drive system for smoother, quieter performance. Minimise maintenance. Service made quick and easy
Bottom Bracket	High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance
Resistance Levels	40 resistance levels meets new European EN957-9 standards
Minimum Watts	15 Watts (level 1 at 40 SPM)
Maximum Watts	630 Watts (level 40 at 150 SPM)
Incline	16 levels (13°-40°)
Step Up Height	35 cm (13.7 in)
Stride Length	52-55 cm (20.4-21.6 in)
Pedal To Pedal Distance	6 cm (2.3 in)

Workout Options

Race	Race program offers a fun challenge by racing against existing champion for 500M, 1K, or 2K races
Fitness Test	Fitness test determines individual's fitness level based on VO2 max standards
HR Programs	4 heart rate control programs in constant power mode - Constant HRC, Interval HRC, Hill HRC, Cardio HRC
Custom Programs	7 custom user programs can easily be saved to USB for future use
Preset Programs	5 workout programs in each of the three categories: incline, resistance, and reverse training
Target Programs	3 target programs: Time (10-99 mins), Distance 1-99 km (0.6-62 miles), Calories (10-2500 cal)
Quick Start	Quick start is available

Comfort Fit™ Features

Frame	Robust frame structure designed to ensure stability and durability. Aluminium front post offers aesthetic appeal
Upper Body Moving Arms	Synchronising upper body and lower body movement increases overall total body fitness
Ergo Bar Control Centre	Ergonomically-positioned contact heart rate sensors and incline adjustment buttons at your finger tips for ease-of-use
Foot Pedals	Ergonomic designed oversized foot pedals with soft grip to enhance stability and comfort during workout
Water Bottle Holders	Dual water bottle holders support 1 litre water bottles
Maximum User Weight	181 kg (400 lbs)
User Height Range	147 cm (4'9") to 193 cm (6'5")

Product Dimensions and Weights

Foot Print	L x W 209 x 84 cm (82 x 33 in)
Product Dimensions	L x W x H 209 x 84 x 172 cm (82 x 33 x 68 in)
Product Net Weight	188 kg (414 lbs)
Shipping Dimensions	L x W x H 220 x 78 x 100 cm (87 x 31 x 39 in)
Shipping Gross Weight	220 kg (485 lbs)

