



Omni Pull Down

SI-1-LPD

- Dual pivoting pulley housings allows unilateral, user defined movement variations
- Pivoting top pulley housing minimizes cable wear
- Adjustable height thigh pad

**Muscles:**

- Latissimus Dorsi
- Rhomboids
- Trapezius (Lower)
- Trapezius (Middle)
- Post. Deltoid
- Elbow Flexors

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Length(mm):	<b>1020</b>
Width(mm):	<b>1628</b>
Height (mm):	<b>2232</b>
Machine Weight (kg):	<b>376</b>

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**Weight Stack**

Standard (kg):	<b>147</b>
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