



Assisted Chin

SA-1-AC

- Weight stack easily accessible from seated position

Muscles:

- Latissimus Dorsi
- Elbow Flexors
- Rhomboids
- Trapezius (Middle)
- Post. Deltoid

Length(mm):	1164
Width(mm):	1679
Height (mm):	1673
Machine Weight (kg):	309

Weight Stack	
Standard (kg):	110

