SYNERGY



Lat Machine

- Diverging compound arc for safe and natural movement
- Unilateral operation for balanced strength development
- Dynamic variable resistance

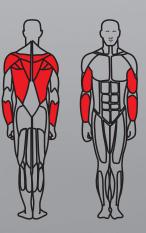
Muscles:

- Latissimus Dorsi

S2-2-LM

- Elbow Flexors
- Rhomboids
- Traps (Mid/Low)
- Post. Deltoid

Length(mm): Width(mm): Height (mm): Machine Weight (kg):



2140

1470

1890

107