



Omni Lat Pull Down

SAB-1-OLP

- Unilateral operation for balanced strength development
- Weight stack easily accessible from seated position

Muscles:

- Latissimus Dorsi
- Elbow Flexors
- Rhomboids
- Trapezius (Lower)
- Trapezius (Middle)
- Post. Deltoid

Length(mm):	1012
Width(mm):	1357
Height (mm):	2233
Machine Weight (kg):	314

Weight Stack	
Standard (kg):	110

