



Leg Press / Calf Press

SAB-1-LP

- Bilateral Stability Control for balanced strength development
- Dynamic variable resistance
- Large foot support increases exercise variety range

Muscles:

- Quadriceps
- Gluteus Maximus
- Hamstrings
- Adductors
- Gastrocnemius
- Soleus

Length(mm):	1562
Width(mm):	1163
Height (mm):	1458
Machine Weight (kg):	480

Weight Stack

Standard (kg):	195
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