



Chest Press

SAB-1-CP

- Unilateral operation for balanced strength development
- Dynamic variable resistance
- Multiple hand grips for optimal positioning
- Foot operated easy start mechanism provides optimal start position pre-stretch

Muscles:
- Pectorals
- Ant. Deltoid
- Triceps

Length(mm):	1750
Width(mm):	1290
Height (mm):	1389
Machine Weight (kg):	341

Weight Stack

Standard (kg):	110
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